

**Adair County Health System  
For Immediate Release  
10-19-2011**

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**Adair County  
Health System**  
we surround you with care

***Holiday, Caregiving, and Alzheimer's Lunch and Learn***

Holidays can be meaningful times for both the person with dementia and their loved ones. Join us for information about how holiday with people with dementia can be more meaningful for all.

Cena Danielson, Program & Services Coordinator for Adair County Alzheimer's Association is coming to Adair County Memorial Hospital on Monday, November 7, 2011 from 12PM to 1PM. Danielson will be presenting an educational program to support and help caregivers during the holiday time.

A free lunch will be served to those who attend. To be properly prepared please RSVP by November 4, 2011 to Tiffany Johnson at 641-743-7264 or tiffjohnson@adaircountyhealthsystem.org.

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