

**C.A.R.E.+ Program**

Adair County Health System • 609 SE Kent • Greenfield IA 50849

Phone (641) 743-7214 • Fax (641) 743-7283

**PHYSICIAN: Please respond and fax response to (641) 743-7283**

Patient's Name: \_\_\_\_\_ DOB \_\_\_\_\_

- The above named patient has medical clearance to participate in the Adair County Health System Cardiac and Rehabilitation Exercise Plus program. This is a non-monitored, nurse supervised exercise program aimed at cardiovascular risk factor reduction.

Comments:

Physician signature \_\_\_\_\_ Date \_\_\_\_\_

**Please sign and fax back to (641) 743-7283.**

Call (641) 743-7214 with any questions.