

Name _____

Date _____

Like most people with heart problems, you probably have many questions. During the next few weeks, we want to help you answer those questions. Below is a list of common topics that people with heart problems have questions about. Please **check 5** topics for which you would like more information.

✓	Topics	Staff comments
<input type="checkbox"/>	Activity and work guidelines	
<input type="checkbox"/>	Alcohol	
<input type="checkbox"/>	Blood pressure	
<input type="checkbox"/>	Cholesterol	
<input type="checkbox"/>	Diabetes	
<input type="checkbox"/>	Emotional changes: depression, anxiety, loneliness, anger, memory, etc.	
<input type="checkbox"/>	Family support and struggles	
<input type="checkbox"/>	Fitness	
<input type="checkbox"/>	Heart attack	
<input type="checkbox"/>	Heart failure	
<input type="checkbox"/>	Heart healthy eating	
<input type="checkbox"/>	Heart rhythms	
<input type="checkbox"/>	Heart structure and function	
<input type="checkbox"/>	Heart tests and procedures	
<input type="checkbox"/>	How to take your pulse	
<input type="checkbox"/>	Medications	
<input type="checkbox"/>	Sexual activity	
<input type="checkbox"/>	Smoking	
<input type="checkbox"/>	Stress	
<input type="checkbox"/>	Stress management	
<input type="checkbox"/>	Weight management	
<input type="checkbox"/>	What to do for chest pain	
<input type="checkbox"/>	Your risk factors	

Other questions you would like to have answered: